

MND CC Conditioning Calendar

August

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 31 Location: MND Start: 7:00 am Finish: 9:00 am	Aug 1 Location: MND Start: 7:00 am Finish: 9:00 am	2 Location: MND Start: 7:00 am Finish: 9:00 am	3 Location: MND Start: 7:00 am Finish: 9:00 am	4 Tryouts @ GlenG Start: 7:00am Finish 8:30am	5
6	7 Koenig 4:00pm - 6:00pm	8 Koenig 4:00pm - 6:00pm	9 Koenig 4:00pm - 6:00pm	10 Koenig 4:00pm - 6:00pm	11 MND 4:00pm - 6:00pm	12
13	14 Koenig 4:00pm - 6:00pm	15 MND 4:00pm - 6:00pm	16 Koenig 4:00pm - 6:00pm	17 MND 4:00pm - 6:00pm	18 MND 4:00pm - 6:00pm	19
20	21 Koenig 4:00pm - 6:00pm	22 MND 4:00pm - 6:00pm	23 Koenig 4:00pm - 6:00pm	24 MND 4:00pm - 6:00pm	25 MND 4:00pm - 6:00pm	26 Lakota East Inv VoA Park
27	28 Koenig 4:00pm - 6:00pm	29 MND 4:00pm - 6:00pm	30 Koenig 4:00pm - 6:00pm	31 MND 4:00pm - 6:00pm	Sep 1 MND 4:00pm - 6:00pm	Sep 2 Lebanon Inv Lebanon HS

Practice Locations:

MND: Mount Notre Dame H. S. (On the Soccer Field)

GlenG: Glenwood Garden (Glendale Milford Rd & Springfield Pike)

DeerPk: Deer Park High School. Rear Parking Lot.

Koenig: Koenig Park, 520 W Columbia Ave, Reading OH

Coach Johnson's contact info:

513 375 7153

mnd.cc.tf@gmail.com

mndcc.weebly.com